



## Partner with your doctor to manage your bronchiectasis (BE) together



Make a management plan



Schedule regular check-ins



Track possible BE flares

I am doing airway clearance \_\_\_\_\_  
write a number  
times per week. Should I increase that number? Are there other treatments or methods I should consider?

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What BE management options are available?

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What's the best way for me to communicate when and how often I think I'm having BE flares?

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I think I've had about \_\_\_\_\_  
write a number  
BE flares since my last visit. Is there anything I can do to help reduce them?

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What can I do if my BE flares are starting to happen more often?

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