Appointment date and time

Doctor



## Get the most out of your doctor's visit.

Bronchiectasis (BE) is a chronic and progressive disease, which means it may worsen over time, and it can lead to lung damage.

That's why it's important to partner with your doctor to get your questions answered and create a management plan that works for you.

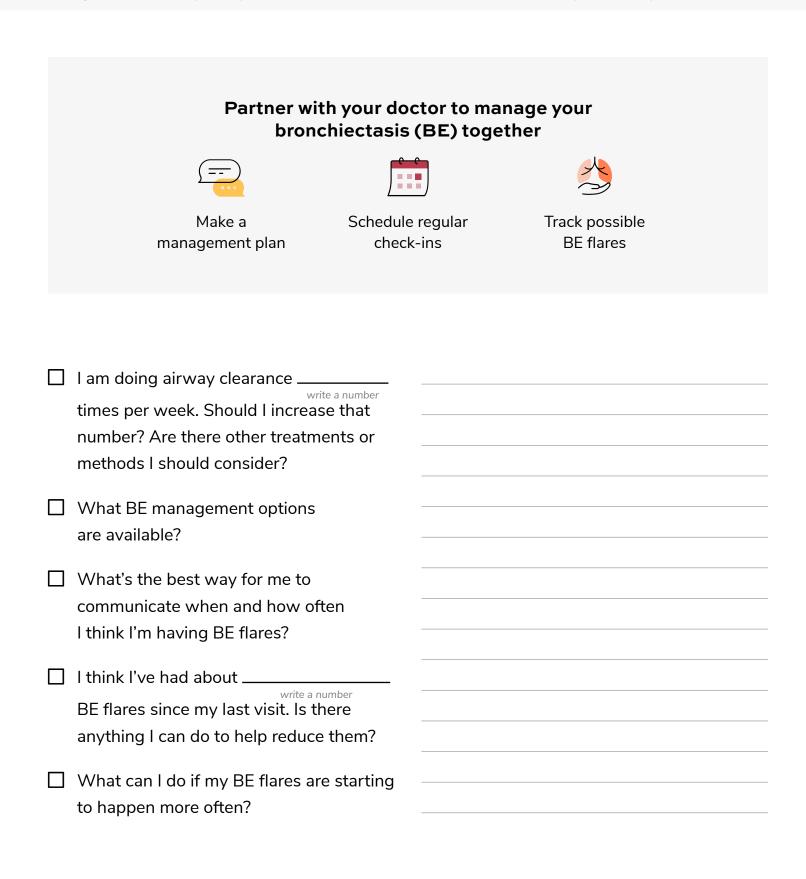
## Use these questions to get the conversation with your doctor started.

Just tick the questions you want to ask and add your own notes on the right.

	Living with BE makes me feel	
	BE makes it hard	
	describe your feelings	
	to What can	
	I do differently to manage my BE?	
	How often should I check in with you,	
_	and how often do I need to schedule	
	follow-up visits?	
	What are our goals? What will we	
	measure to track how I'm doing?	
	Are there any dietary changes I	
	should consider to help manage	
	my symptoms?	
	, , ,	
	l've heard about pulmonary	
	rehabilitation programmes. Is that	
	something I should consider?	
	Are there exercises that I should	
	be doing?	
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Questions continue on the following page.  $\rightarrow$ 

These are sample questions to help get the conversation started between you and your doctor. This is not, nor is it intended to be, a medical evaluation, examination, advice, consultation, diagnosis or treatment. Always consult your doctor for all medical- and health-related matters. This material is developed and funded by Insmed.





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